

BTC Long Trade Emotional Management

By phd8 · March 17, 2023

This was a good trade, but I fomo cover the position because the price was crashing. I was afraid to give back the gains. I made the same mistake again. I did not take the time to think through before exiting the trade. I closed the trade because Gareth and Charles short BTC.

Need to take more time to think through before making a hash decision. It was still early in the morning before market opens. Maybe not make rash decision in the early morning without food.