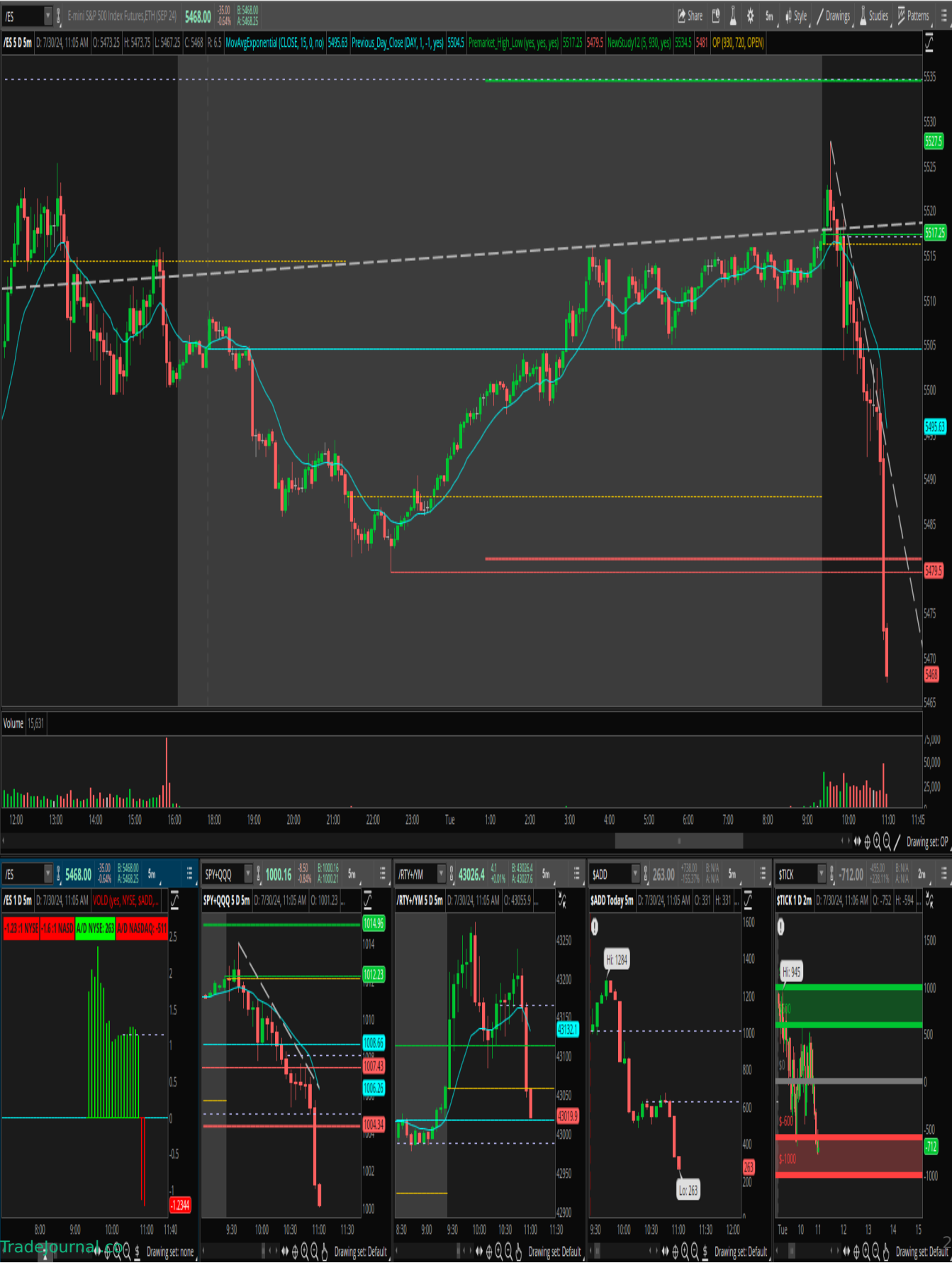


DRC July 30, 2024 (-)

By disciplined_daytrader · July 30, 2024



once 10 hit and we are all below that OP why am i not just getting short? something i dont even think about is the technicals. if we are in a near perfect downtrend and the market is mostly flat but the first 30m was long biased, just go fucking short? what the fuck am I waiting for? makes no fucking sense. VOLD below OP ADD below OP ES and Qs WAY BELOW OP, RTY YM below 10OP easily and holding it on every retest just to fail and hit PDC. my trading is genuinely terrible and I have no idea how to fix it because I am using still way too much discretion. I think to start how about I stop trading the most volatile and efficient market in the world? why am I fighting against trillion dollar corps? makes no sense. its like voluntarily choosing the hardest path to success that exists. so stupid.