

DRC November 14, 2023

By disciplined_daytrader · November 15, 2023

Goal: reduce psychological exposure to system

Total Winnings (Fees Included)	0	-	Symbols Traded*	2	-
Total Losses (Fees Included)	-996.25	-	Max Consecutive Winning	0	-100.0%
Net Profit (Fees Included)	-996.25	-	Max Consecutive Losing	4	-87.1%
Profit Margin	0%	-100.0%	Avg Position Amount* ?	3.5	-95.01%
Commissions	0	-	Avg Position Cost* ?	15,751.06	835.85%
Reg Fees	0	-	Largest Win	0% 0%	-100.0% -100.0%
Total Fees	0	-	Largest Loss	-381.25 -0.34%	-75.03% -99.59%
Gross Profit (Fees NOT Included)	-996.25	-	Avg Win	0 0%	-100.0% -100.0%
Avg Daily P&L ?	-996.25	585,929.41%	Avg Loss	-249.06 -0.17%	1,929.83% -86.29%
Total Closed Open*	4 4 0	-	Avg Trade Duration	20 Mins 46 Secs	-95.42%
Total Winners	0 0.0%	- -100.0%	Avg Win Duration	-	-100.0%
Total Losers	4 100.0%	- 64.85%	Avg Loss Duration	20 Mins 46 Secs	-90.28%
Total Scratches ?	0 0.0%	- -100.0%	Avg Scratch Duration	-	-100.0%

System:



confluence: 0 no trades. since both VOLD Weight are weak bearish I would lean to bearish side but system says most you should do is half size and if you lose 2 times just walk. not worth it on a day where we open and are up 50 points

ES



MES



Result: Held past stop 3 times. Didn't take profit at target which would've put me close to breakeven on 2ES. Sized when I shouldn't have. Shorted more than I should have. Got stubborn and kept fighting after I lost 2 times. Failed to identify a grinding green day. Failed to realize the importance of not hitting 4x max loss. Idk i might either just be a degenerate or retarded at this point. who knows. don't care