

February 2, 2026 (+\$40.00) | Back To Base Hits

By natemadden1994 · February 3, 2026

February 2, 2026 (1 Trade) (+\$40.00)

Overall Grade: B

Total Winnings (Fees Included)	\$39.00	Symbols Traded*	1
Total Losses (Fees Included)	\$0.00	Max Consecutive Winning	1
Net P&L (Fees Included)	\$39.00	Max Consecutive Losing	-
Profit Margin	100.00%	Avg Position Amount*	1.00
Commissions	\$1.00	Avg Position Cost*	\$6,944.50
Reg Fees	\$0.00	Largest Win	\$39.00 0.12%
Total Fees	\$1.00	Largest Loss	\$0.00 0.00%
Gross Profit (Fees NOT Included)	\$40.00	Avg Win	\$39.00 0.12%
Avg Daily P&L	\$39.00	Avg Loss	\$0.00 0.00%
Total Closed Open*	1 1 0	Avg Trade Duration	41 Secs
Total Winners	1 100.00%	Avg Win Duration	41 Secs
Total Losers	0 0.00%	Avg Loss Duration	-
Total Scratches	0 0.00%	Avg Scratch Duration	-

Day Summary: Coming off a catastrophic tilt day on Friday, I knew it was necessary that I checked myself back into Trader Rehab today, which means I was back to using just 1 MES and was trying to solely focus on putting on a good trade if my set up presented itself. Now typically, when in Trader Rehab, I don't like to look for trades immediately after market open, but today I saw a quick set up trading in the direction of the premarket trend right at 9:31am and I took it. It was a good trade, but I did close early and likely because of the emotion behind Friday's performance. I was up 8 points in less than a minute and decided to close it, which was unfortunate because it did end up smacking TP less than a minute later. All and all though, even though it was good to lock in a quick green trade on a playbook set up, I need to remember that the market has no recollection of my previous trading day and I also need to remember how important it is to let winners run in trading. One day at a time though,

DAILY - ES

Futures

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5 MIN - ES



TRADES

Trade 1 - Long 1 MES @ **21 EMA Trap + Trend Continuation + Closed Early**

Grade: B

[TradeJournal.co](https://www.tradejournal.co)



1. playbook set up - yes
2. fakeout entry - good
3. trading in direction of the trend - yes
4. Target was 6958.50 which would have doubled my winner had I just let my winner run - but again after Friday and considering this was just 1 min after market open, I do understand why it was hard to hold this trade
5. after the fakeout entry, I should have known this would at least move up to the next resistance - target line