February 23, 2026 (+$77.50) | Quick And Easy

By natemadden1994 · February 24, 2026

February 23, 2026 (1 Trade) (+$77.50)

Overall Grade: A

Total Winnings (Fees Included)	$76.50	Symbols Traded*	1
Total Losses (Fees Included)	$0.00	Max Consecutive Winning	1
Net P&L (Fees Included)	$76.50	Max Consecutive Losing	-
Profit Margin	100.00%	Avg Position Amount*	1.00
Commissions	$1.00	Avg Position Cost*	$6,898.50
Reg Fees	$0.00	Largest Win	$76.50 | 0.22%
Total Fees	$1.00	Largest Loss	$0.00 | 0.00%
Gross Profit (Fees NOT Included)	$77.50	Avg Win	$76.50 | 0.22%
Avg Daily P&L	$76.50	Avg Loss	$0.00 | 0.00%
Total | Closed | Open*	1 | 1 | 0	Avg Trade Duration	3 Mins 9 Secs
Total Winners	1 | 100.00%	Avg Win Duration	3 Mins 9 Secs
Total Losers	0 | 0.00%	Avg Loss Duration	-
Total Scratches	0 | 0.00%	Avg Scratch Duration	-

Feb 23, 2026	Future	MESH26	TradeStation	Futures	21 EMA Trap, Key Level, +1	Short	1	$6,899	0.22%	$77

Day Summary: Today I actually came into the day with a long bias, and was feeling a bit like forcing a long during the downtrend that was happening just before 10am. I, however, was able to remind myself to trade what the market was showing me and not what I wanted to happen. At that point I began to look for shorts and was able to execute an A quality set up. I nailed the entry right at multiple key levels (VWAP, PM Mid, and the 21 EMA) and held my winner all the way to my preset TP. Can't ask for much more than this right here (15.5 points in just over 3 minutes). Great Job!

DAILY - ES

5 MIN - ES

TRADES

Trade 1 - Short 2 MES @ **21 EMA Trap + Trend Continuation + Key Level(s) + Order Flow**

Grade: A

1. trading with price action - yes
2. playbook set up - yes
3. set up coincided with key levels - yes
4. held winner to preset TP - great
5. wanted to target 6878.50 but decided it was smarter to target the 3:45am low
6. Beauty!
7. still trading with 1 contract but that has helped me keep my composure in trades, especially with the recent volatility, so I am going to stick with that