February 9, 2026 (+$62.50) - Accepting The Risk

By natemadden1994 · February 10, 2026

February 9, 2026 (1 Trade) (+$62.50)

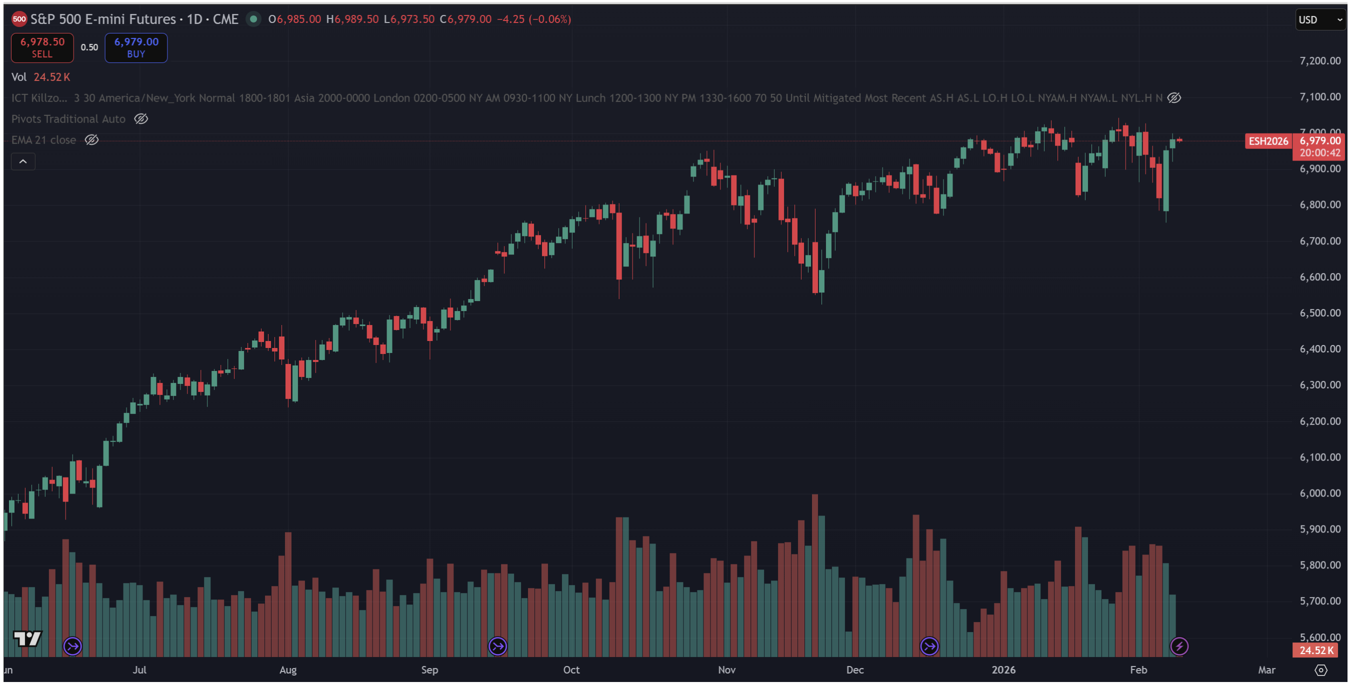
Overall Grade: A-

Total Winnings (Fees Included)	$61.50	Symbols Traded*	1
Total Losses (Fees Included)	$0.00	Max Consecutive Winning	1
Net P&L (Fees Included)	$61.50	Max Consecutive Losing	-
Profit Margin	100.00%	Avg Position Amount*	1.00
Commissions	$1.00	Avg Position Cost*	$6,945.75
Reg Fees	$0.00	Largest Win	$61.50 | 0.18%
Total Fees	$1.00	Largest Loss	$0.00 | 0.00%
Gross Profit (Fees NOT Included)	$62.50	Avg Win	$61.50 | 0.18%
Avg Daily P&L	$61.50	Avg Loss	$0.00 | 0.00%
Total | Closed | Open*	1 | 1 | 0	Avg Trade Duration	15 Mins 53 Secs
Total Winners	1 | 100.00%	Avg Win Duration	15 Mins 53 Secs
Total Losers	0 | 0.00%	Avg Loss Duration	-
Total Scratches	0 | 0.00%	Avg Scratch Duration	-

Feb 09, 2026	Future	MESH26	TradeStation	Futures	21 EMA Trap, Accepted The Risk, +1	Long	1	$6,946	0.18%	$62	

Day Summary: Today was a huge confidence booster as I felt like my profitable self again. I only took one trade today and it was a playbook set up. However, even though it was my set up, it did not play out quick and easily. It was a tough hold, but I mentally accepted the risk and let it ride. I did have some luck on my side because price came within just one tick of my stoploss, but because I had accepted the risk, my emotions were not as involved. After almost getting stopped out, I was able to look at what the chart was telling me and determine that I was on the right side of the trade (price action, fake flushes aggressively getting bought, ADD slowly trending up). That helped me stay emotionally controled and reminded me that trading with logic instead of emotion is so important.

DAILY - ES

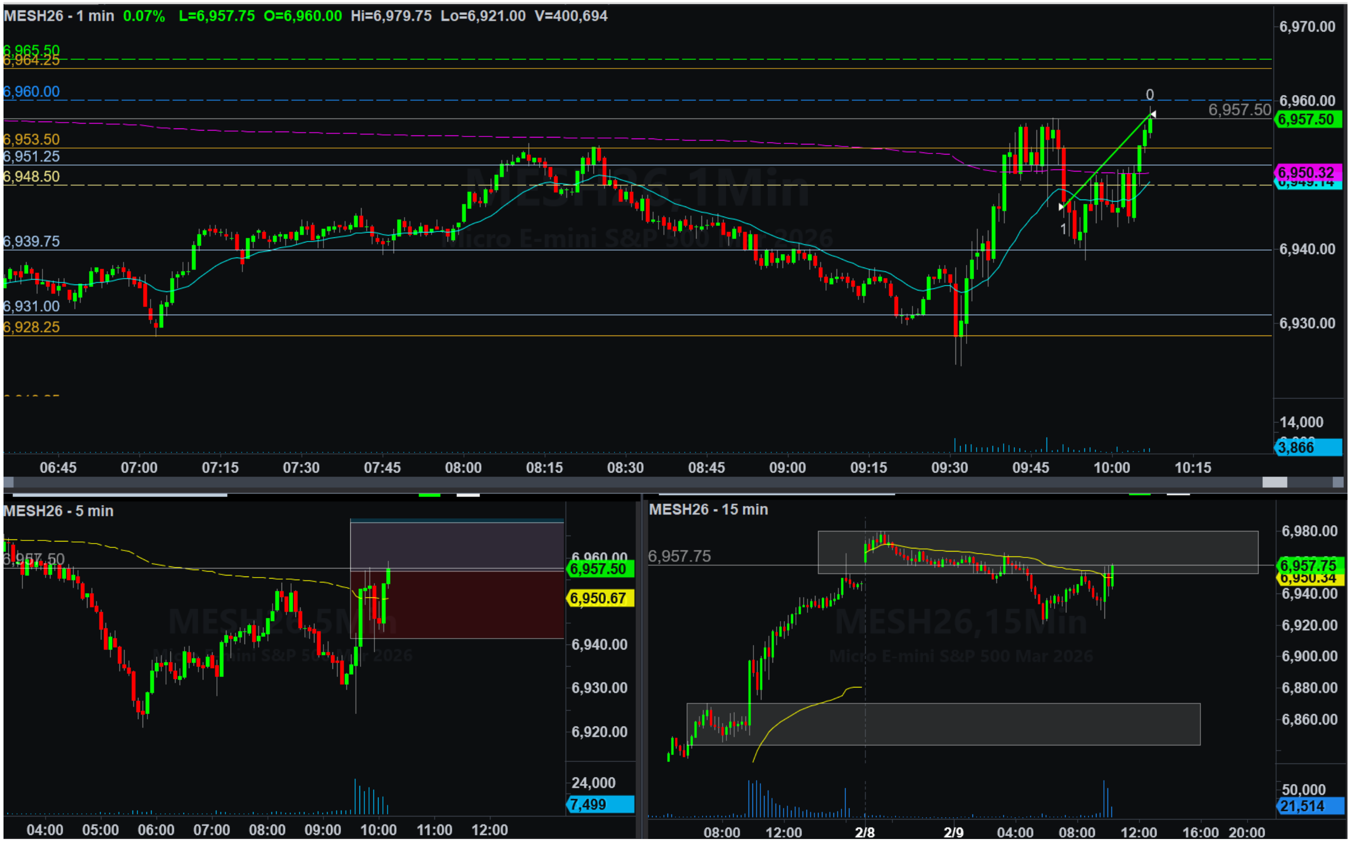


5 Min - ES

TRADES

Trade 1 - Long 1 MES @ **21 EMA Trap + Accepted The Risk + Held Winner**

Grade: A-



1. playbook set up - yes
2. entry - good for set up
3. tough hold, but after the dip and recovery just before 10am, I was pretty sure I was on the right side of the trade
4. good job accepting the risk, made this an easier hold even though it was uncomfortable
5. target was 6959.50 so I did a good job of holding winner almost all the way to target, took profit in the right place considering the range i had just held through - could easily have broken the high and rolled back over