June 10, 2026 (+$48.75) | Put Some Green On The Board

By natemadden1994 · June 11, 2026

TL;DR

On June 10, 2026, a trader successfully executed a single trade, earning $48.75. Despite challenges in holding the position, the trader emphasized the importance of trusting the chart and reinforcing good trading habits. Overall, the day was marked by cautious optimism amid mixed market conditions.

June 10, 2026 (1 Trade)) (+$48.75)

Total | Closed | Open*	1 | 1 | 0
Total Winners	100.00%
Total Losers	0.00%
Total Scratches	0.00%
Symbols Traded*	1
Max Consecutive Winning	1
Max Consecutive Losing	-

Total Winnings (Fees Included)	$47.75
Total Losses (Fees Included)	$0.00
Net P&L (Fees Included)	$47.75
Profit Margin	100.00%
Commissions	$1.00
Exchange / SEC fees	$0.00
Total Fees	$1.00
Gross Profit (Fees NOT Included)	$48.75
Avg Daily P&L	$47.75
Dividends	$0.00

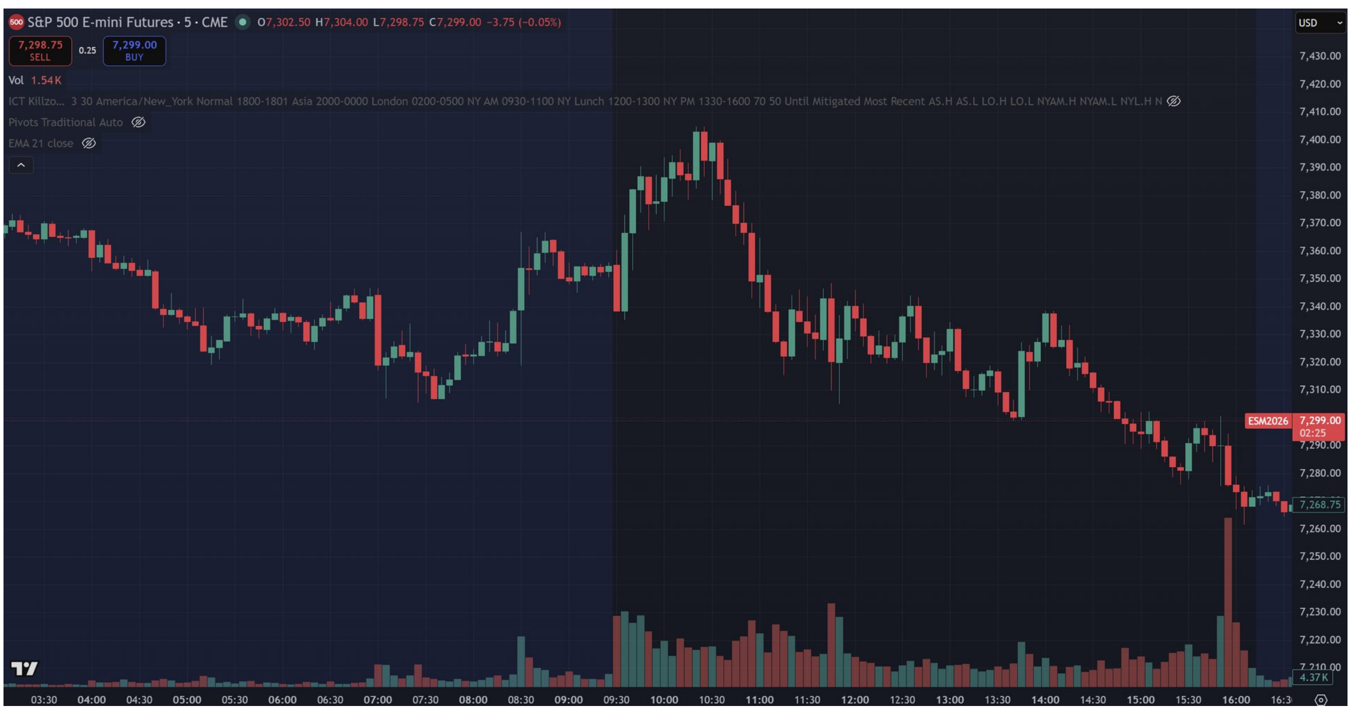
Avg Position Amount*	1.00
Avg Position Cost*	$36,871.25
Largest Win	$47.75 | 0.13%
Largest Loss	$0.00 | 0.00%
Avg Win	$47.75 | 0.13%
Avg Loss	$0.00 | 0.00%
Avg Trade Duration	5 Mins 21 Secs
Avg Win Duration	5 Mins 21 Secs
Avg Loss Duration	-
Avg Scratch Duration	-

Jun 10, 2026	Future	.MESM26	TradeStation	Futures	21 EMA Trap FOMO Entry +2	Long	1	$36,871	0.13%	$48	

Day Summary: Mann I finally was able to put some decent green on the board today, and although I was **Trusting The Chart**, it was not an easy hold. It was a One and Done day for me, and honestly, that is probably what I needed. Back to reinforcing good habits. Overall price action wasn't the best anyways so it was a good day to stay out.

DAILY - ES

5 MIN - ES



TRADES

Trade 1 - Long 1 MES @ **21 EMA Trap + Trusting The Chart + FOMO Entry + Tough Hold**

Grade: B

1. playbook set up - yes
2. FOMO entry - increased risk and almost got my stopped out of this trade (points) - but this market has been aggressive to the upside so I understand why I got in where I did (1 min recent dip)
3. trading in direction of price action + current trend - good
4. extremely tough trade to hold - thought for sure this was going to fall through (especially when it went back to my BE twice) but THE TREND IS YOUR FRIEND (**Trust The Chart**)
5. didn't hold all the way to target (7390.00) but I needed to lock in a win - it did pullback from here but eventually hit target
6. One and Done - back to good habits - good!

FAQ

What was the overall grade for the trading day?

The overall grade for the trading day was a B.

What was the profit made on June 10, 2026?

The profit made on June 10, 2026, was $48.75.

What trading strategy was emphasized in the blog post?

The blog post emphasized the strategy of 'Trusting The Chart' and reinforcing good trading habits.

What type of trade did the author execute?

The author executed a long trade on 1 MES at a 21 EMA trap.

Why was the trade considered tough to hold?

The trade was tough to hold due to aggressive market conditions and the position returning to break-even twice.